

ONCOLOGY REHABILITATION

MOST PREVALENT SIDE EFFECTS DURING CANCER TREATMENT

- Fatigue
- Nausea
- Pain
- Weakness
- Stress
- Reduced QOL
- Decreased mobility

CHEMOTHERAPY EFFECTS

- Psychosocial effects
- Cardiac damage
- Decreased aerobic capacity
- Weight gain/loss (sarcopenia)
- Premature menopause
- Nausea
- Joint Pain

RADIATION EFFECTS

- Radiation-induced fibrosis
- Muscle impairments
- Shoulder and neck ROM deficits
- Lymphedema
- Osteoporosis
- Organ fibrosis
- Radiation recall

PHYSICAL THERAPY ROLE IN WORKING WITH CANCER PATIENTS

- Improve mobility
- Improve strength
- Reduce pain
- Combat Cancer Related Fatigue
- Decrease stress and anxiety
- Restore QOL
- Monitor and treat lymphedema
- Educate and empower